

January 4, 2005

CFSAN Mail Stop HFS-800 5100 Paint Branch Parkway College Park MD 20740

JAN 3 1 2005

To Whom It May Concern:

In compliance with the Dietary Supplement Health and Education Act of 1994 and its various subsequent requirements, Amerifit Nutrition is pleased to submit the following structure/function claims made for its:

Flex Able Natural Glucosamine

- "... to promote healthy joints, tissue and flexibility"
- .. help build cartilage and maintain range of motion and joint flexibility"
- " (MSM) helps the body produce collagen, the chief protein substance in connective tissue that supports and strengthens joints"
- "... antioxidant from red wine grapes that helps inhibit the production of certain chemicals and chemical by-products that can hinder joint mobility" "(Vitamin C) necessary for the body's formation of collagen"

Thank you.

Craig R. Larsen, Esq. In House Counsel

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